



CERTIFICATED

LOSS AND BEREAVEMENT

Practical skills to understand grief, manage emotions, and support others through loss

**HOW LONG IS IT?**

3 hours

**HOW MUCH DOES IT COST?**

£25 + VAT per learner

Closed-cohort pricing available on request.

PRINCESS ROYAL
TRAINING AWARD
2024Apprenticeship Provider
of the Year
Winner 2025

What to expect...

Connect2Care experts draw on their specialist knowledge and experience to deliver this insightful online course on **loss and bereavement**.

Coming to terms with bereavement can be a challenging and deeply personal journey. It is normal to experience a wide range of emotions and physical responses at different stages, and everyone's experience of loss is unique.

This course provides guidance and support in understanding those responses, helping individuals to build awareness, develop coping strategies, and support others who may also be affected by loss.

Who is this course for?

This interactive, online course is suitable for employees of all staff levels, from team member to manager. It provides delegates with the tools to recognise, manage and support the emotions experienced due to loss and bereavement.

Learners will receive a **Connect2Care Certificate of Attendance** upon completion.

By the end of this course, learners will:

1	Understand the cycle of grief and bereavement
2	Identify how the cycle of grief impacts us at different stages
3	Recognise coping strategies and support mechanisms for dealing with loss and bereavement
4	Identify the importance of resilience skills and techniques for dealing with loss and bereavement on an ongoing basis.

Course Details:

Duration: 3 hours.

Assessment: Learners will receive a **Connect2Care Certificate of Attendance** upon completion.

Group size: Max. 50 learners per session.



Find out more...

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connect2care.net

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